

FOR IMMEDIATE RELEASE: September 30, 2022

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Franklin County Office on Aging Free Home-Delivered Meals Program Extended Through End of Year

Columbus, OH – The <u>Franklin County Office on Aging</u> has extended its free Home-Delivered Meals program through the end of the year. Franklin County residents aged 60 and older are eligible to receive free home-delivered meals without income verification now through Dec. 31, 2022.

A service offered through the Franklin County Office on Aging <u>Senior Options</u> program, the Home-Delivered Meals program paused any income verification requirements in April 2020 due to the onset of the COVID-19 pandemic. In Franklin County, residents receiving home-delivered meals has increased by nearly 48% since 2019, from 3,883 to 5,749.

"Early in the pandemic, especially during the stay-at-home orders, seniors were significantly impacted, some being fearful of leaving their homes for any reason," said Interim Director Chanda Wingo. "We understood how critically important it was to remove barriers and expand access to adequate nutrition needed to stay healthy."

The Franklin County Office on Aging Senior Options program has been providing community-based services to residents since 1993. Senior Options empowers Franklin County residents aged 60 and older with the necessary tools needed to maintain their independence. The program also helps ease the minds of family members by connecting them to support services so they can provide the best care for their older parent, family member or friend with limited abilities.

To learn more about the Franklin County Office on Aging and the support services available, visit officeonaging.org or call (614) 525-6200.

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The Franklin County Office on Aging provides centralized access to diverse services and programs that assist older adults, dependent adults, and their families in the maintenance of independent living. Learn more at officeonaging.org and follow FCOA on Facebook, Instagram, Twitter, LinkedIn, TikTok and YouTube.