

# EMOTIONAL WELLNESS MATTERS

**Healthy Mind + Healthy Body = Healthy Aging**

To access care and support to assist with combating the emotional health challenges faced while aging in place call:

**614.276.CARE (2273)**

The Emotional Wellness Matters Campaign is a collaborative project with FCOA, ADAMH Franklin County and Netcare Access.



Franklin County  
Board of Commissioners  
**OFFICE ON AGING**