

## Older Americans Month 2012 Never Too Old to Play!

May is Older Americans Month, a perfect opportunity to show our appreciation for the older adults in our community. The theme for Older Americans Month 2012—*Never Too Old to Play!*—puts a spotlight on the important role older adults play in sharing their experience, wisdom, and understanding, and passing on that knowledge to other generations in a variety of significant ways. This year's celebrations will recognize the value that older adults continue to bring to our communities through spirited participation in social and faith groups, service organizations, and other activities.

As large numbers of baby-boomers reach retirement age, many communities have increased their efforts to provide meaningful opportunities for older adults—many of whom remain physically and socially active through their 80s and beyond. Current trends show that people over age 60 account for an ever-growing percentage of participants in community service positions, faith-based organizations, online social networking as well as arts and recreational groups.

Lifelong participation in social, creative, and physical activities has proven health benefits, including retaining mobility,

muscle mass, and cognitive abilities. But older adults are not the only ones who benefit from their engagement in community life. Studies show their interactions with family, friends, and neighbors across generations enrich the lives of everyone involved. Young people who have significant relationships with a grandparent or elder report that these relationships helped shape their values, goals, and life choices and gave them a sense of identity and roots.

While the Franklin County Office on Aging provides services, support, and resources to older Americans year-round, Older Americans Month is a great opportunity to show special appreciation for some of our most beloved citizens. We have many reasons to celebrate them!

Franklin County Office on Aging encourages you to join in the national celebration of Older Americans Month 2012 by participating in activities and events to promote intergenerational engagement and recreation. We invite you to join the fun!

Contact a recreation center in your area to learn what fun senior activities maybe available.

**WHETSTONE COMMUNITY CENTER**  
3923 North High Street  
Columbus, OH 43214  
Phone: (614) 645-3243

**GILLIE SENIOR RECREATION CENTER**  
2100 Morse Road  
Columbus, OH 43229  
Phone: (614) 645-3106

**MARION FRANKLIN COMMUNITY CENTER/SENIOR PROGRAMS**  
2801 Lockbourne Road  
Columbus, OH 43207  
Phone: (614) 645-3612

**MCDOWELL SENIOR CENTER**  
667 Sullivant Avenue  
Columbus, OH 43215  
Phone: (614) 645-3176

**BARNETT RECREATION CENTER**  
1184 Barnett Road  
Columbus, OH 43227  
Phone: (614) 645-3065

**BEXLEY PARKS AND RECREATION**  
165 North Parkview Avenue  
Bexley, OH 43209  
Phone: (614) 559-4300

**DODGE RECREATION CENTER**  
667 Sullivant Avenue  
Columbus, OH 43215  
Phone: (614) 645-8151

**FAR EAST RECREATION CENTER**  
1826 Lattimer Drive  
Columbus, OH 43227  
Phone: (614) 645-3159

**LAZELLE WOODS RECREATION CENTER**  
8140 Sancus Boulevard  
Columbus, OH 43081  
Phone: (614) 645-5330

**WESTGATE RECREATION CENTER**  
455 South Westgate Avenue  
Columbus, OH 43204  
Phone: (614) 645-3264

**WOODWARD PARK RECREATION CENTER**  
5147 Karl Road  
Columbus, OH 43229  
Phone: (614) 645-3158

**BLENDON TOWNSHIP SENIOR CENTER**  
6330 Hempstead Road  
Westerville, OH 43081  
Phone: (614) 882-1260

**CANAL WINCHESTER  
COMMUNITY SENIOR  
CENTER**  
22 South Trine Street  
Canal Winchester, OH 43110  
Phone: (614) 837-8276

**DUBLIN COMMUNITY  
RECREATION CENTER**  
5600 Post Road  
Dublin, OH 43017  
Phone: (614) 410-4550

**GAHANNA SENIOR CENTER**  
480 Rocky Fork Boulevard  
Gahanna, Ohio 43230  
Phone: (614) 342-4265

**GROVE CITY PARKS AND  
RECREATION  
DEPARTMENT/E.L. EVANS  
SENIOR CENTER**  
4330 Dudley Avenue  
Grove City, OH 43123  
Phone: (614) 277-1060

**GROVEPORT MADISON SENIOR  
CENTER**  
7370 Groveport Road  
Groveport, OH 43125  
Phone: (614) 836-4599

**HILLIARD SENIOR CENTER**  
3810 Veterans Memorial Drive  
Hilliard, OH 43026  
Phone: (614) 876-0747

**LEO YASSENOFF JEWISH  
CENTER**  
1125 College Avenue  
Columbus, OH 43209  
Phone: (614) 231-2731

**OBETZ COMMUNITY SENIOR  
CENTER**  
1611 Chillicothe Street  
Obetz, OH 43207  
Phone: (614) 491-4546

**PRAIRIE TOWNSHIP SENIOR  
CENTER**  
4616 West Broad Street  
Columbus, OH 43228  
Phone: (614) 878-5110

**REYNOLDSBURG SENIOR  
CENTER**  
1520 Davidson Drive  
Reynoldsburg, OH 43068  
Phone: (614) 866-5890

**UPPER ARLINGTON SENIOR  
CENTER**  
1945 Ridgeview Road  
Upper Arlington, OH 43221  
Phone: (614) 583-5320

**VAUGHN E. HAIRSTON  
SOUTHWEST COMMUNITY  
CENTER YMCA**  
3500 First Avenue  
Urbancrest, OH 43123  
Phone: (614) 539-1770

**WESTERVILLE SENIOR CENTER**

**310 West Main Street**

**Westerville, OH 43081**

**Phone: (614) 901-6560**

**WHITEHALL SENIOR CENTER**

**4924 Etna Road**

**Whitehall, OH 43213**

**Phone: (614) 501-8593**

**WORTHINGTON - GRISWOLD  
SENIOR CENTER**

**777 High Street**

**Worthington, OH 43085**

**Phone: (614) 842-6320**